

acts of kindness

Donate to a clothing drive
or shelter

Bring colouring books to the
nearest hospital for children

Walk someone's dog for them

Donate to a charity that means a
lot to you

Pay for the bill of the person
behind you in line at the coffee
shop or drive-thru

Leave candy canes on random
cars as a surprise

Give 3 friends a compliment
today

Help a friend or sibling with
something they're working on

Call a grandparent just to tell
them you love them

Tell a stranger to have a
beautiful day

Tell a stranger to have a
beautiful day

Drop off a homemade note or
treat for a neighbour

Help shovel a driveway for a
friend, neighbour or elderly
family member

Tell your teacher that they're
doing a good job today

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Donate to a food drive

Volunteer to give your time, even if just 5 minutes

Leave someone in your family a surprise love note

Pay a compliment to a stranger at least once today

Gather up some toys to donate before Santa comes with more

Share with someone

Help with a chore around the house without being asked

Read a story to a sibling

Bake a treat to share with family or neighbours

Tell a stranger "Merry Christmas"

Tell a friend something you love about them today

Make a basket of snacks for your mail delivery workers

Drop off blankets at a blanket drive

Ask your local pet shelter what they need and gather some things up to donate

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